

Georgia Grown Blueberries



Blueberries 1.5oz Ingredients: blueberries

Nutrition Facts

Serving Size 1/4 cup (6g)
Servings per container 7

Amount per serving

Calories 20	Calories from Fat 0
% Daily Value	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fats 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrates 5g	2%
Dietary Fiber 1g	4%
Sugars 4g	
Protein 0g	0%
Vitamin A 0%	Vitamin C 6%
Calcium 0%	Iron 0%

Putnam County Charter School Nutrition Promote Georgia Produce