

Policy Wellness Program

Descriptor Code: EEE

The Board of Education recognizes that student wellness and proper nutrition are related to student's well-being, growth, development, and readiness to learn. The Board is committed to providing a school environment that promotes and protects student wellness, proper nutrition, nutrition education, and regular physical activity as part of the total learning experience. In a healthy school environment, students will learn about and participate in positive dietary and lifestyle practices that can improve student achievement.

Development of Local Wellness Policy

After considering input from various stakeholders interested in the promotion of the student wellness, the Board establishes in this policy:

Nutrition Guidelines

All foods and beverages made available on campus during the school day shall be consistent with the requirements of federal and state law. Guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by the U.S. Secretary pursuant to the Child Nutrition Act and the Richard B. Russell National School Lunch Act, as those regulations and guidance apply to schools. The Superintendent or designee shall develop procedures for operation of school nutrition services at each school during the day with the objectives of promoting school health and reducing childhood obesity.

Nutrition Education and Promotion

It is the intent of the Board that the district shall teach, encourage and support healthy eating by students. Schools shall provide nutrition education consistent with federal and state requirements and engage in nutrition promotion.

Physical Education

All students in grades K-12 shall have opportunities, support and encouragement to be physically active on a regular basis. The district will engage in the promotion of physical activities and involve health and physical education teachers in developing wellness goals.

Other School-Based Activities

The Superintendent or designee shall develop procedures that promote attainment of wellness goal related to other school-based activities.

Implementation

The Superintendent or designee shall be responsible for overseeing the implementation of the wellness policy and shall develop procedures for evaluation, including indicators that may be used to measure the schools' success in meeting their wellness goals. In each school, the principal or designee shall be charged with operational responsibility for ensuring that the school works toward informing the public about the contents of its wellness policy and the school's progress in meeting the wellness goals and shall report to the school's compliance to the Superintendent or designee and to the public.

The school nutrition staff at school or district level shall monitor compliance with nutrition guidelines within school food service areas and will report on this matter to the Superintendent at the district level, or to the school principal at the school level. The Superintendent or designee shall develop an annual summary report on district-wide compliance with the wellness policy, based on input from schools within the district. That report shall be provided to the Board, to the public and, upon request, to other interested parties.

Putnam County Charter School System

Date Adopted: 6/19/2006

Last Revised: 7/21/2014

Rule 160-5-6-.01

[Statewide School Nutritional Program](#)

Federal Reference

Description

42 USC 1758

[Program requirements-School Lunch Program](#)

42 USC 1758b

[Local School Wellness Policy](#)

These references are not intended to be part of the policy itself, nor do they indicate the basis or authority for the board to enact this policy. Instead, they are provided as additional resources for those interested in the subject matter of the policy.